

AONH Journal



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World without cancer

By G. Edward Griffin

The following is an excerpt from the renowned book "World Without Cancer," with permission from its author G. Edward Griffin.

-By 1952, Dr. Ernst T. Krebs, Jr., a biochemist in San Francisco, had advanced the theory that cancer, like scurvy and pellagra, is not caused by some kind of mysterious bacterium, virus, or toxin, but is merely a deficiency disease aggravated by the lack of an essential food compound in modern-man's diet. He identified this compound as part of the nitrilside family which occurs abundantly in nature in over twelve-hundred edible plants and found virtually in every part of the world. It is particularly prevalent in the seeds of those fruits in the Prunus Rosacea family (bitter, almond, apricot, blackthorn, cherry, nectarine, peach, and plum).

It is difficult to establish a clear-cut classification for a nitrilside. Since it does not occur entirely

by itself but rather is found in foods, it probably should not be classified as a food. Like sugar, it is a food component or a food factor. Nor can it be classified as a drug, inasmuch as it is a natural, non-toxic water soluble substance entirely normal to and compatible with human metabolism. The proper name for food factor that contains these properties is *vitamin*. Since this vitamin normally is found with B-complex, and since it was the seventeenth such substance to be isolated within this complex, Dr. Krebs identified it as vitamin B17.

What is really behind cancer

There are many of these diseases that plague modern man, such as muscular dystrophy, heart disease, multiple sclerosis, and sickle-cell anemia. Scientists have spent billions of dollars searching for a prevention of these cripples and killers, but they are no closer to the answers today than they were when they started.



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Perhaps the reason is that they are still looking for that *something* which causes these diseases instead of the *lack* of something.

Dr. Krebs has pointed out that, in the entire history of medical science, there has not been one chronic, metabolic disease that was ever cured or prevented by drugs, surgery, or mechanical manipulation of the body. In every case-whether it be scurvy, pellagra, rickets, beri-beri, night blindness, pernicious anemia, or any of the others-the ultimate solution was found only in factors relating to **adequate nutrition**. And he thinks that this is an important clue as to where to concentrate our scientific curiosity in the search for a better understanding of today's diseases, particularly cancer...It is significant that one seldom finds cancer in the carcasses of wild animals killed in the hunt. These creatures contract the disease only when they are domesticated by man and forced to eat the foods he provides or scraps from his table.



It is amazing how cancer researchers can come face-to-face with this evidence and still fail to realize its significance. Dr. Dennis P. Burkitt, the man who first identified the form of cancer known as Burkitt Lymphoma, delivered a lecture at the College of Medicine at



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the University of Iowa. After two decades of experience and research in Uganda and similar parts of the world, Dr. Burkitt observes that non-infection (chronic metabolic) diseases such as cancer of the colon, diverticular disease, ulcerative colitis polyps, and appendicitis, all seem to be related in some way. *"They all go together," he said, "and I'm going to go so far as to suggest that they all have a common cause."* He went on to say that all of these diseases are unknown in primitive societies and *"always have their maximum incidence in the more economically developed nations."*

Then, Dr. Burkitt turned his attention to cancer specifically and observed:

"This is a disease caused by the way we live. This form of cancer is almost unknown in the animal kingdom. The only animals who get cancer or polyps of the large bowel are those that live closest to our way of life—our domestic dogs eating our leftovers."

If more cancer researchers would think in terms of foods and vitamins rather than bacteria and viruses, it wouldn't take them long to see why the cancer rate in America is steadily climbing.

Many people assume that it makes little difference what they put into their stomachs as long as they are full. Magically, everything that goes in somehow will be converted into perfect health. They scoff at the thought of proper diet. Yet, many of these same people are fastidious about what they feed their pedigreed dogs and cats or registered cattle and horses.

Dr. George M. Briggs, professor of nutrition at the University of California, and member of the

Research Advisory Committee of the National Livestock and Meat Board, has said: *"The typical American diet is a national disaster...If I fed it to pigs or cows, without adding vitamins and other supplements, I could wipe out the livestock industry."*

Where we are at

A brief look at the American diet tells the story. Grocery shelves are now lined with high carbohydrate foods that have been processed refined, synthesized, artificially flavored, and loaded with chemical preservatives. Some manufacturers, aiming their advertisements at the diet-conscious consumer, even boast of how little real food there is in their product.

Everyone knows that modern processing removes many of the original vitamins from our foods, but we are told not to worry about it, because they have been put back before sending to market. And so we see the word "enriched" printed cheerfully across our bread, milk, and other foods. But make no mistake about it, these are not the same as the original. As the June 1971 Journal of the American Geriatric Society reported:

Vitamins removed from food and returned as "enrichment" are not a safe substitute, as witnessed by the study in which Roger J. Williams, Ph.D., reported that rats fed enriched bread died or were severely stunted due to malnutrition. Rats fed a more whole bread flourished, for the most part, by comparison.

Much illness, we are learning, may be due to vitamin-mineral deficiencies. Even senility has been proven to be caused by a deficiency of Vitamins B and C. **-END**



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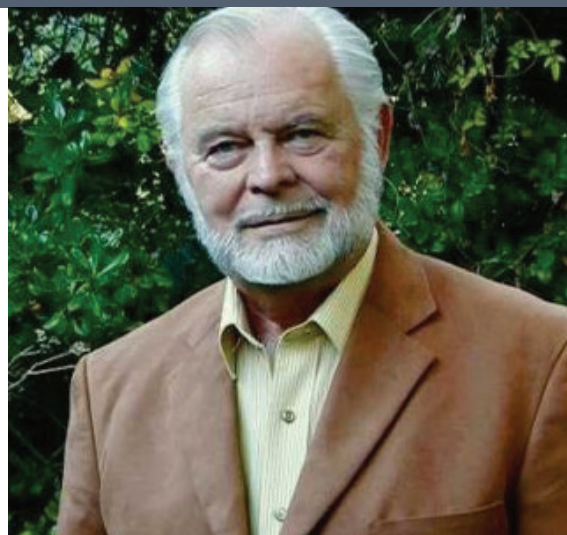
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G. Edward Griffin

G. Edward Griffin is an author, writer, and documentary film producer, with many successful titles to his credit. Listed in Who's Who in America, he is well known because of his unique talent for researching difficult topics and presenting them in clear terms that all can understand. He has dealt with such diversified subjects as archaeology and ancient earth history, international banking, internal subversion, terrorism, the history of taxation, U.S. foreign policy, the science and politics of cancer therapy, the Supreme Court, and the United Nations. One of his better-known works is a World Without Cancer.

The AONH is proud to have Edward Griffin join our distinguished speakers at the year's AONH Annual Natural Healthcare Conference entitled ***"Maximizing ENERGY, VITALITY, STAMINA & CLARITY at any age!"***

Register at www.eventbrite.com>2018 Fall Event, or go to www.aonh.org for more information. Please note: this is the 10th Anniversary of the AONH and a semi-formal GALA will be held Saturday night.



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